

7.2 Best Practices

Best Practice – 1:

1. Title of the Practice: Voluntary Blood Donation to needy people

2. The context:

In the contemporary medical scenario, scarcity of blood in the event of an emergency is a real crisis. This is largely owing to the misconception surrounding blood donation. The college holds intensive awareness campaigns to dispel the misgivings surrounding blood donation as well as informing the college and local community about the health benefits for blood donors. The blood donation drives organized by the college ensures the participation of the staff as well as students.

3. Objectives of the practice:

- To inculcate the concept of community service among the students.
- To fulfil the social responsibility of the institution.
- To Educate students about the importance of Blood donation

4. The Practice:

At MNR Medical College and Hospital, Blood donation camps are organized and blood is collected from students, teachers, non-teaching staffs as well as alumni members. Each year at least two blood donation camps are organized.

The patients attending our hospital are from lower socio-economic strata of the society mostly from the tribal areas. The blood bank in the hospital maintains a list of blood donors with rare blood groups and keeps them as a reserve as and when needed. The college encourages the students, staff, alumni, parents and other stakeholders of the institution to approach the institute for voluntary blood donation during the time of need.

It gives utmost satisfaction to all the stakeholders of the Institution as blood donation is a life saving and a noble act.

5. Obstacles faced if any and strategies adopted to overcome them:

At the time of examinations, the students are not able to donate blood.

To overcome this problem the staff members, donate the blood.

6. Impact of the practice: Totally there are 35 beneficiaries during the year 2018-19. Majority of them are pregnant women. The other patients Also, the patients suffering from various diseases like Heart problem, cancer, kidney problems, dengue fever and surgeries for different problems including accidents were benefitted through this programme. The students and staff are ready to help in emergency situations by voluntary blood donation.

7. Resources required: The required resources (financial or otherwise) to attain our targets are generated by the institution itself.

Best Practice – 2:

Title of the Practice: Best Mentor-Mentee Program.

In the Mentor-Mentee program every student is assigned a specific teacher to guide not only in academics but also in all spheres of student life. As a part of this system, every student has to

meet the mentor at a specific time every week on regular basis. This time is utilized as the study hour where in mentor supervises the academic preparedness and would be able to suggest any corrective measures if necessary as a part of counseling. Another feature of this system is the regular weekly academic assessment. Every week each student is assessed on the topics covered during the week. His/ her understanding and their learning levels are assessed. The difficult areas for understanding are identified and the resolved by various teaching modifications. By this system the students including the slow learners morale is boosted and they are able to assess and improve their learning capabilities. They become fearless to face the examination and become confident of achieving success in the university examination.